

How to Communicate Your Needs Without Sounding Needy...

By: Mark Scott

Before getting into the main concepts and principles of this report, I'd like to tell you why I was compelled to write this report in the first place. I keep getting emails from my readers asking a certain question over and over again. Honestly, it's started to bother me to a point where I felt compelled to write a separate report on this specific topic.

The topic is how to have your needs met without sounding needy or burdening him. First, I'd like to address an important issue and that is this - most women use the wrong way to communicate their needs to a man. In fact! The way you communicate a need is so important that it will determine whether he will listen to you, or run for the hills.

What you say to him is important, but how you say it is even more important. This is why I believe that, unless you educate yourself on exactly how to communicate a need to him the right way, you'd always struggle.

It's very possible that you might be setting yourself up for failure over and over again, without realizing it. How can I be so sure about this? It's because I get hundreds and thousands of emails every month from frustrated women who feel they're doing the right thing, or have tried every possible thing in their power, but never get their needs met.

I can personally promise that if you pay full attention to what I am about to discuss with you next & put it into action, you'll experience a near-instant change in your relationship. Not only will you have all of your needs met right away, but will also form a better & stronger relationship with your partner in the process.

Alright, I hope you are ready! Let's get right into the main concepts...

The single most important principle to having your needs met 100% of the time, is to communicate your need in a way where it doesn't sound like a need, but a want.

Pay very close attention to this distinction. If you can get this one concept right, you will save yourself years of frustration and heartache.

Needing something means that if you don't get what you want, you won't be okay. On the other hand, wanting something means that you will still be okay, if you don't get what you wished for.

I am sure you've heard the old saying - ***A hungry dog never gets fed.*** Similarly, when you communicate a desire out of neediness, it will never be fulfilled.

Neediness only projects desperation; when you are desperate you will only burden a man. He will sub-consciously get negative feelings and will struggle to fulfill your desires.

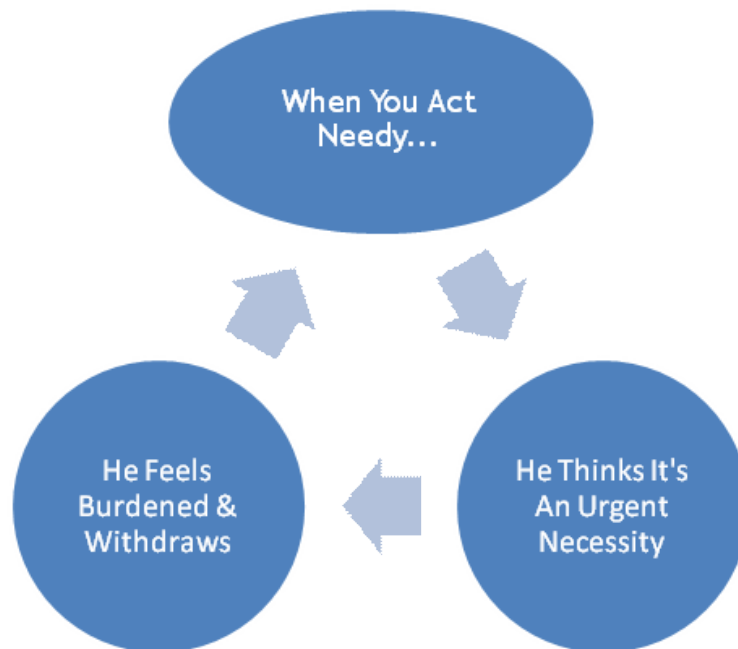
Let's say you text your boyfriend a few times a day, and feel neglected when he doesn't respond in a timely fashion. Or worse, you picture the worst possible outcomes in your mind and send him 100 more texts, asking him why he hasn't responded to you so far.

What do you think your actions are communicating? There are no prizes for guessing here, because it's clearly shouting neediness & desperation. Not only, will he struggle to deal with your requests from this point onward, but he will feel burdened every time you have a desire.

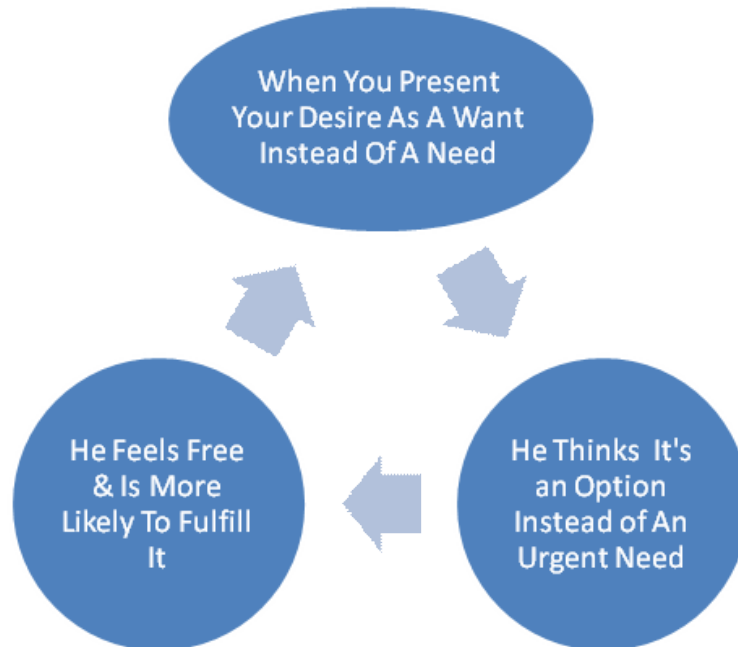


Now answer this - what if you were to place the same desire as a want, rather than a need? What will happen then? He will feel less burdened, and will be more likely to fulfill your desire at his own will and will be happy to do so.

Let me give you a graphical representation of what I am referring to:



Here is how it should work:



So now that you understand, that in order to communicate your needs without sounding needy, you have to make it sound more like a want rather than a need. Let me now show you the proper step-by-step actions you need to take, in order to achieve this.

Step 1- Word Your Requirement In A Way Where It Sounds Like A Want, Instead Of A Need...

In order to do this you have to let him know, that you aren't going to go all crazy if he doesn't meet your request. You already know that if you need something, he only feels pressured, and as a result will not follow through with your request. So it's important to word your requirement in a way, where it sounds like a want instead of a need.

So let's say you want him to spend more time with you. Instead of saying - *Honey! I need you to please spend time with me.*

Try saying - *Honey! I love it when you spend time with me.*

See the distinction between the two sentences? The first sentence will instantly burden him, because the underlying message is - I need you to do this.

But the second sentence, will make him feel good because not only are you indirectly saying that you want him to spend more time with you, but you are also letting him know that it makes you feel good, which in turn will force him into action.

Step 2 - Keep It Reasonable...

Don't ask him to do huge tasks for you. Some women ask for things which just can't be fulfilled, even if a man is ready to work for it.

Another mistake is, when a woman asks for too many things at the same time. As usual, this burdens a man heavily and he feels overwhelmed.

He can't help you with housework, mow the lawn, buy the groceries and then also take the dog out for a walk, at the same time. Yes I know this example sounds a bit exaggerated, but I hope you get my point.

The key is to make one request at a time and wait until he fulfills it, before you think about placing another request. This will keep things smooth and he won't feel overwhelmed.

Step 3- Give Him Enough Time...

This is the most difficult step to follow. Do not expect urgent results after you place a request. Once you've made your needs

known to him, it's important to wait for him to act on it on his own terms.

Don't expect him to take action right away. Also, if you ask for urgency, then it will sound like a desperate need, instead of a want which will make him withdraw.

So let's do a quick review - in order to have your needs met, you have to first re-word your request in a way where it sounds like a want instead of a need, keep your requests reasonable & give him enough time to act on those requests.

Now let me show you another important step, which will skyrocket your results even more. This one step will ensure that you get most of your needs met, most of the time in the future. Alright, here it is:

Reward or Praise Him Whenever He Follows Through With A Request...

I can't stress how important this one step is! When you reward a guy for his actions by giving him a compliment/praise, you indirectly train him into doing more pleasing things for you.

It's like rewarding a kid with a candy every time he does something good. Over time, he will associate the act of being good, with getting a candy; and will associate nice feelings with doing those actions.

Similarly, your man will associate positive feelings with doing good things for you, and will be eager to do more of the things that please you, just because he gets rewarded for it every single time. You can easily achieve this by saying things like:

- *I love it when you hold me like that.*
- *I love it when you do _____ (Insert Action).*
- *You are such a wonderful boyfriend/husband.*
- *I feel so protected around you.*

These are only a few possible compliments, I am sure you can come up with more on your own.

Alright, now you have the perfect action steps you need to take, in order to communicate your needs without sounding needy and have them easily met. I strongly recommend that you try these on a man as fast as possible. I can almost guarantee that you'll be blown away with the results you'll see.

How can I be so sure of it? Well, because I get emails from my readers almost every single day, who use this exact same formula in their daily dealings with a man and see exceptional results every single time.

These same action steps have been used by thousands of women across the world, and they have reported great results with it every single time, as well. Therefore, I hope you read through this report once again, take some notes if you need to, and put it into action right away.

Wishing you all the best!

Mark Scott